Welcome to Eastgate SDA Church! A message from Pastor Eric Sayler

I went for a walk yesterday. Not just around the block, I covered four miles.

It was a lovely day. The sun warmed my back, birds were singing, the Blue Mountains radiated a vibrant green, lush from the recent spring rains. What a beautiful day to exercise.

Having fun wasn't my only reason to walk, however. My ultimate reason was health. I want to be healthy.

There are many things that influence health: movement, nutrition, sleep, good relationships, and many other things. Some of those things come easy, others are less automatic. For me walking is nearly automatic. I love it.

Eating healthfully is another story. It's far too easy to eat what's convenient and quick. Healthy nutrition takes effort and intentionality.

Not only does physical health take intentionality, so does church health.

I believe it's God's desire for Eastgate to be vibrant, healthy, thriving.

This Sabbath we're starting a new sermon series exploring what makes a church healthy. Please join us as we study this important topic that we can all influence!

As always, feel free to join in online or in person. If you're feeling ill we encourage you to join in virtually, and let us know so we can pray for you!

I hope this Sabbath brings you encouragement, rest, and rejuvenation.

~Pastor Eric

This Weekend: June 18, 2022: Pastor Eric Sayler: Healthy Church Series: A Full Harvest

Next Weekend: June 25, 2022: Pastor Eric Sayler;

Week At A Glance

Sabbath, *June 18*, 2022

9:00am – 10:00 Every Man A Warrior; Men's Class

10:00 – 11:00am Sabbath School Study Time

11:15am – 12:30pm Sabbath Worship Services, Pastor Eric Sayler

5:30pm Elders Meeting at the Bartlett's residence

Sunday, June 19 Father's Day (see page 8)

Monday, June 20 6:30pm Feathers & Hares 4-H Club

Tuesday, June 21 6:30pm Weight Loss Sauce Grow Group

Wednesday, June 22 6:30pm Our Weekly Prayer Meeting

Thursday, Weekly Youth Gathering will resume in the Autumn

Friday, June 24 6:30pm Prayeradigm Gathering in the Fellowship Room

Sabbath, June 25 9:00am – 10:00 Every Man A Warrior; Men's Class

11:15am – 12:30pm Sabbath Worship Services, Pastor Eric Sayler

12:45pm All Church Potluck

Eastgate SDA Church Service this Week

Worship Service 11:15am 06-18-2022 Link to: ~ Eastgate Church: YouTube

Gathering Song Praise Team
Community Life Carol Hargreaves

Kids Korner

Children's Song Praise Team
Children's Story Brent Bergherm
Songs of Praise & Worship Praise Team
Prayer Carol Hargreaves

God's Word Pastor Eric Sayler

Sermon Title: Healthy Church Series: A Full Harvest

Scripture: *Mark 4:26-29 NRSV*

Song of Response Praise Team
Benediction Carol Hargreaves

Worship Team today

Lead Elder: Carol Hargreaves
Praise Team Leader: Jim Schultz & Friends

Pianist: Julie Schultz
Greeter: Brenda Arriola
Lead Deacon: Harry Arriola
Lead Deaconess: Birdie Einig

AV Team: Ryan Daniel & Bob Daniel

Live Streaming: David Meyer

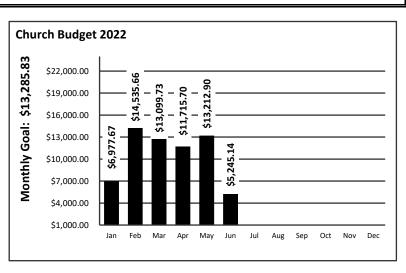
Financial Report	RECEIVED	GOAL	NEED
Student Aid goal for 2021-22	\$ 21,943.65	\$16,900.00	\$(5,043.65)
HVAC Up-grades	\$ 30,227.73	\$55,000.00	Phase 1, 2 &3

June 18, 2022 Local Church Budget

Appeal: 1 Peter 1:20 "He was chosen before the creation of the world but was revealed in these last times for your sake."

Salvation is Not an Afterthought.

We give systematically and regularly because the divine Model has demonstrated that His giving to humanity was not an afterthought. The plan to offer His Son and rescue humanity from sin was elaborated before the creation of the universe, and



at the set time, Jesus came to planet earth. This clearly illustrates the consideration of a loving God for fallen humanity. In response to the example set by the greatest Giver, Apostle Paul gave the following admonition to the believers in Corinth, "On the first day of every week, each one of you should set aside a sum of money in keeping with your income, saving it up..." (1 Cor. 16:2). Giving that is planned honors the receiver. Think about your feelings when you receive a belated birthday note from

someone whom you consider close and important to you. Sometimes the message comes when they see your social media post thanking others for their well-wishes. These belated notes are rarely the most valued. When we want to show someone that he or she counts and is special, we usually mark our calendar and even add a reminder for us not to miss the important event. The best expression of love is both spontaneous and planned. Which type of giver are we when we have to express love and thanks to God? Do we depend solely on the prompting of our impulses and feelings? Are we those who asked the deacon to wait while we dig deep into our purse or pocket? Or do we remember about returning tithe and giving offerings when we see an expectedly higher balance on our bank statement at the end of the month? How do we honor the Savior who does not treat us as an afterthought? This week, as we worship with our tithe and regular and systematic offerings let us show that our God is first and foremost.

Prayer: Lord, the plan of salvation tells us how much You love us and are important in Your sights. In response, please help us to emulate the same consideration for You and others.

<u>FINANCIAL AID ~ STUDENT AID APPLICATIONS</u> are now being accepted for tuition assistance for the 2022-2023 school year. Applications Forms can be found on the brick wall in the lobby or on-line at: <u>eastgatesda.org</u> > Resources > Forms > Student Aid Applications. Applications must be submitted to the church office no later than August 9 in order to be considered for the up-coming school year.

If you have any questions please contact the church office at 509-529-9933 or office@eastgateadventist.church

Eastgate Church News & Events

Expansion of Support Teams for Audio/Video and Live-Streaming ~ Help Wanted!

We are trying to gear up for two services starting August 6. This is one area of ministry where more experienced operators would help to lighten the load.

Brian Hartman who leads the Live-Streaming Team is looking for one or two more individuals who would be willing to learn and assist in the ministry of our On-line Worship Service. There are those who use our YouTube as an option for viewing for a variety of reasons. We need to expand the team and he would be happy to speak to anyone who might be interested. Contact Brian at hartmaninbox@gmail.com or 509-240-6607 text or voice call.

Mother's Room ~ Small Child Space for Fathers

Our Mother's Room is a space for new mothers where they can care for the needs of their infants and toddlers and still be able to engage with and follow along with the worship process in the main sanctuary. *Please do not leave children there unsupervised.*

Fathers who may need to take their turn at caring for their young ones should be aware of a multi-use space in what we call our library. There are a couple of rocking chairs for calming little ones who may need to be snuggled. This room is also a transition room where training of littles ones can take place as needed. This room will continue to be a multi-function room where committees and small groups can meet during the week and during Sabbath school time.

Please bring your own quiet toys for your child.

Two Services to return to Eastgate SDA Church ~ Moved to August 6, 2022

At the April church board a discussion focused on our increased church attendance and the possible need for implementing a second church service. A statement was issued that we would start this the first weekend of June. However, after further review and in-put from ministry leaders, a small steering committee for the addition of a second service at Eastgate church has decided to postpone the start date to the first Sabbath in August – August 6. This seems to make sense in several ways:

- It will give us more time to prepare all the details that this change requires.

- It will accommodated the likely dip in summer attendance.
- It will still allow for a few weeks of double services before attendance increases when school resumes at the end of August. This change of date will allow some very specific time of preparation.

Preliminary discussion has suggested a format of Early Service – Sabbath School – Second Service. This will require more staff on the part of Deacons and Deaconesses. Additional Greeters will be needed so individuals are not on their feet throughout the full morning. Details remain to yet be worked out, so if you would be interested in joining a team to help support this transition, please speak with the team leaders for Greeters, Deacons, Deaconesses, A/V, an Elder or the Pastor.

Weekly Prayer Meeting in the Church Youth Room!

This group meets every Wednesday Evening at 6:30. Please join us as we experience the power of the Holy Spirit being poured out on our church. "There is great need of secret prayer, but there is also need that several Christians meet together and unite with earnestness their petitions to God." – *In Heavenly Places*, p. 91. Questions? Please call Carol at 509-200-0587 or Dixie at 509-301-2827.

EASTGATE SDA WEBSITE! - https://www.eastgatesda.org

~ Sermon Archives ~ Bulletin Library ~ our weekly e-NewsLetter ~ Events Calendar ~ Offerings

EASTGATE SDA ON FACEBOOK Like and follow our page on FB!

EASTGATE SDA CHURCH ON YOUTUBE

YouTube: Eastgate Church ~ Our Church Service is now being broadcast on YouTube at the following Link: <u>Eastgate Church</u> or type out the address shown below. Thank you for subscribing! https://www.Youtube.com/c/EastgateAdventistChurch/featured

School News & Children's Ministry Items

Milton-Stateline Adventist School

The school is in need of an Air Compressor and a ½" Drive Pneumatic Impact Driver. These tools are needed to improve the ability to maintain the mower by school personnel. If anyone has one they would like to sell or donate, contact Jeanne Goodhew at (541) 938-7131.

Collegiate & Young Adults

Sabbath Morning Bible Study

This group is a vibrant collection of 20-40 ish believers who are currently studying I Kings as they study the life of David. To join this group and be in the know of how to meet, visit classroom 115 or call Josh Boram (541) 870-4661 or Mary Castrejon at (360) 349-7126.

Men's Ministry

Each Sabbath Morning: Every Man A Warrior; Helping Men Succeed in Life

Every Sabbath in Room 145 at **9:00AM** a group of Eastgate Men continue a special Sabbath Morning study group – yes, for men only. The *Every Man a Warrior* guide book. It is designed specifically to deal with the issues that men face and need to succeed in. It has been used with men of all ages from teens to men in their 70s. Toby Slater will lead in studying and share the role with others as they progress.

<u>Thursday Night Men's Group ~ 7:30pm</u> Leader: Rob Becker, ~ Pastor's Office This is a bible study group for men, lead by men, praying for men studying together. If this interests you please contact the group leader Rob Becker or our Pastor Eric Sayler.

Walla Walla University

Stream Walla Walla University Graduation

Walla Walla University commencement ceremony was held on Sunday, June 12 and is now available to stream online at news.uccsda.org/WWU622. Congratulations to the graduates!

Walla Walla Valley News

Christian Aid Center Seeking Volunteer Assistance!

Here are the latest volunteer opportunities at the Christian Aid Center:

- --Breakfast Cook in our community kitchen on Wednesday mornings
- --Receptionist in our Women & Children's Shelter on Tuesday afternoons
- --Van Driver to pick-up donated food on Wednesday mornings
- -- Registered Nurses to help in our Health & Wellness Center

For more information, contact Jeannette Regalado, Community Engagement Director at (509) 525-7153 ext. 114. You can also fill out an application at christianaidcenter.org.

SonBridge Youth Recreation Program



SonBridge Center for Better Living has planned a full summer of activities for your children entering the 6th to 8th grade next school year. Camps are planned for each week starting June 27 through August 18 on Mondays to Thursdays from 1:00pm to 5:00pm. Camps available include Art, Leadership, Cooking, Sports, Drama, Survival, Science and Farming and are limited to 20 children each. Sign up today! For more information and to register, go to sonbridge.org/youth-recreation or scan the QR code to the left.

SonBridge Personal Shopper Positions

We are in need of one or more volunteers who enjoy helping others by being Personal Shoppers at SonBridge. This position assists people coming into our front office with "necessity of life" items such as clothing, household items, rent, utilities and food. The most important traits of the Personal Shopper are of being kind, non-judgmental, empathetic, encouraging and knowing how to ask questions to find out just what the person needs. We request a commitment of at least 3 hours per week. Days and hours are flexible between Monday – Thursday, 9am to 5pm. Please contact SonBridge Center for Better Living at 509-529-3100 or visit sonbridge.org.

SonBridge Dental Clinic Needs You

As SonBridge serves the needs of the underserved in our community, our Dental Clinic is in immediate need of Dentists, Dental Hygienists and Dental Assistants to help in the life changing service of dentistry. We are staffed with part-time and volunteer practitioners who have a passion for helping people. Patient appointments are scheduled around your availability from 8 to 32 hours per week. If you are just starting out and need experience, if you have a little time to give or if you are retired and still want to help others, SonBridge Dental Clinic needs you. Please call 509-529-3100 or go to sonbridge.org/job-opportunities.

Upper Columbia Conference of SDA News

UCC Camp Meeting 2022: Meet the King's Heralds

The King's Heralds will present a concert on Sabbath afternoon, June 18, at 4:00 p.m. for Camp Meeting 2022. Thirty-four men have been a part of the King's Heralds since its founding in 1927. They've recorded more than 100 albums in thirty different languages in a variety of musical styles, making them a favorite with audiences of all ages. The rich blend, harmony and balance of their a cappella style has been enjoyed not only the United States, but also in more than 50 countries including the islands of the Caribbean, all of Latin America, the South Pacific, Australia, Asia and Africa. The King's Heralds have received twenty-three Silver Angel Awards© for "Excellence in Media",



including six for "Best Male Vocal Group", fourteen for "Best Album" and a "Best International Broadcast" award for their own radio program, "Sounds of Praise". The group also received a Gold Angel Award© for being the oldest continuous Gospel Quartet in America. For the full schedule and how you can be a part of Camp Meeting 2022 go to www.uccsda.org/campmeeting

Camp Meeting 2022 Schedule and Children's Programming

The Camp Meeting schedule for 2022 has been released and is available at uccsda.org/campmeeting. The location will be in-person at Spokane Valley Church from June 16-18. We will also be presenting children's programming that will be available during the main sessions. Upper Columbia Conference will provide Sabbath lunch and Sabbath dinner free of charge to anyone that registers for Camp Meeting. If you would like to be included for the Sabbath meals, you MUST register by filling out the form at news.uccsda.org/CMMeals22.

Camp MiVoden Registration Now Open

Would you like to be in the great outdoors of the Inland Northwest and get to know Jesus and build a relationship with Him or strengthen your relationship with Him? We have an amazing program planned for next summer at Camp MiVoden. Our week schedule is going back to a 7 day week for our summer camps. Several of our camps are filling up, but we still have some space in our youth camps. Spaces will not last long in our Ultimate Camps. Please visit www.mivoden.com and register today for our 2022 summer camps. If you have any questions please email registration@mivoden.com.

Abba's Child Grief Camps at Camp MiVoden

Camp MiVoden is thrilled this summer to be hosting two Abba's Child Grief Camps: one for juniors (age 9-11) and one for teens (age 12-16). Abba's Child Camps are designed to minister to children who have experienced the recent death of an immediate family member, with no cost to the child's family. The concept is simple: place a grieving child in a place where adventure abounds, surround them with people who understand and relate to what they are going through, and watch as they begin to open up. To learn more and to apply, visit mivoden.com/summer-camp.

READ THE LATEST NORTHWEST ADVENTIST NEWS at www.gleanernow.com Subscribe to GLEANERWEEKLY, the Northwest's weekly eNewsletter, at http://www.gleanerweekly.com

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Pacific Northwest Camp Meetings

<u>Upper Columbia Conference Camp Meeting — June 16-18</u>

(see descriptions on previous page)

Prayer Ministry at UCC Camp Meeting

Would you like to be involved in praying with and for others at the Upper Columbia Conference Camp Meeting at Spokane Valley Adventist Church on June 16-18? If you would like to be a part of prayer ministry, contact Kathy Marson at kathym@uccsda.org or by calling 509-242-0512.

Montana Conference Camp Meeting – July 6 – 9 at Mount Ellis Academy

All of the details that will interest you including a Thursday afternoon "Madison River Float" {sounded interesting to me!}. Follow this link: https://www.mtcsda.org/campmeeting

FaithCamp: Hayden Lake Adventist Church — July 5-10

FaithCamp July 5-10, 2022 beginning at 7:00 p.m. Presented by Jesus for Asia at the Hayden Lake Adventist Church. A camp meeting for everyone focused on faith and the great commission. Come be challenged and inspired to serve God. Meet real-life missionaries; hear frontline mission stories; learn how to live by faith; see the impact you can make! Free registration and meals. Please register to attend. With questions please call, 423-413-7321. For more information and to register, visit news.uccsda.org/FC622.

Oregon Conference Gladstone Camp Meeting July 19 -23, 2022

The Oregon Conference is excited to be planning to welcome back all guests for Gladstone Camp Meeting this summer. Speakers include Kevin Wilfley, Randy Maxwell, Richie Halversen, Roscoe Shields Jnr, and David Meinz. Reservations can be made at: https://www.oregonadventist.org/campsite-reservations

Sheridan Meadows Camp Meeting 2022 — July 26-30

Northeast Washington Camp Meeting will be held on July 26-30, 2022 at the Sheridan Meadows SDA Retreat Center. The keynote speaker is Anil Kanda. Other speakers include Jay Gallimore, Vicki Griffin, Greg Griffitts (sic), Howard Tello, Anthony Burrell, and UCC president David Jamieson. For more information, please visit newacampmeeting.com.

Washington Conference ~ Camp Meeting Alternatives

Area Convocation Schedule

- August 26-28 Young Adult Convocation | Sunset Lake Camp
- September 2-3 South Sound Convocation | Sunset Lake Camp

For more on the Washington Conference see: https://www.washingtonconference.org/inspiration/convocations-2022

North Pacific Union Conference

Camp Meetings Outside the Northwest

If you are looking to attend a meeting beyond the Northwest, the North American Division has put together a list of all the camp meetings this year.

North American Division

Mourning with Uvalde, Buffalo, and So Many Others

In 2022, there have been 268 mass shootings with four or more individuals killed or injured. We mourn with and pray for those whose lives have been irrevocably changed. Our hearts cry out in anguish and anger against evil acts. But as we pray, we must do more. We must find a way to end heinous and senseless violence from occurring in our communities. Read the full statement from the North American Division at news.uccsda.org/uvalde622.

Register Now for NPUC Pathfinder Camporee

Registration is now open for the NPUC Pathfinder Camporee in Kalispell, Montana, on September 21-25, 2022. "Our camporee theme is 'Let's Go," said Rob Lang, NPUC Pathfinder director. "It's time to

Waiilatpu Pathfinder Summer Octivity Nights

All Pathfinder aged kids (10+) are invited to join us for some free fun game nights this

summer!

6:30 pm at the
Village Church Youth Center
Corner of 8th & Bade in
College Place

June 29 July 20 August 17 start again, it's time to go and explore God's creation, it's time to go and serve and to make a difference in our communities, and it's time to go and share God's love." For more information, and to register, please visit news.uccsda.org/NPUCCamporee.

Adventist Development and Relief Agency (ADRA) Assists Ukrainian Families

The Adventist Development and Relief Agency (ADRA) is scaling-up operations to deploy humanitarian assistance for children and families displaced by the war in Ukraine. The relief agency has launched a fundraising campaign to strengthen programs for refugees from Ukraine and other global communities. Read more at news.uccsda.org/ADRA322

General Conference

GC Session Concludes: News and Updates

The 61st General Conference Session in St. Louis, Missouri, has come to a close. You can view news and reports from GC Session, including daily recaps and a complete list of the positions voted in, at news.uccsda.org/GCSession622.

In Honor of Father's Day We Present ~ Dad Jokes

Those jokes which Dads often tell which make us simply want to groan ...

- ~ You know people say they pick their noses ... But I feel like I was just born with mine!
- ~ I got my best friend a fridge for his birthday. I can't wait to see his face light up when he opens it!
- ~ When the grocery store checker asks me if I want my milk in a bag, I say, "No, I'd rather keep it in the carton."
- ~ My uncle named his dogs Rolex and Timex. They're his watch dogs!
- ~ I asked my dog what's two minus two. He said nothing.
- ~ My boss told me to have a good day so I went home!
- ~ Dad, did you get a haircut? No, I got all of them cut.
- ~ A Rancher had only had 48 cows on his property but, when he rounded them up he had 50.
- ~ I went to the zoo and saw a baguette in a cage. The zookeeper said it was bread in captivity.
- ~ Last night I had a dream I was a muffler. I woke up exhausted!
- ~ A slice of apple pie costs \$2.50 in Jamaica and \$3.00 in the Bahamas. These are the pie rates of the Caribbean.
- ~ When my wife told me to stop impersonating a flamingo, I had to put my foot down ...

And last but not the worst ...

~ When a not so talented conductor had twin daughters he named them, Ana One, Ana Two ...

Prayer 7ime ~ Cherishing People ~ "Pray for one another."

We are inviting you to pray for members and friends of our church family each day. Please keep this in a place that will make it easy for you to remember to pray for one another.

"... we do not make requests of *You* because we are righteous, but because of *Your* great mercy. O Lord listen! O Lord forgive! O Lord hear and act!"

(Daniel 9:18 & 19. NIV)

Anonymous:

Do you have an anonymous prayer request? Please state it via email to the church office. We will share it here anonymously for the body to provide prayer support!

Requests: - What are your prayer requests?

Prayers for all of our Health Care providers in our fellowship that they may be protected from viral and bacterial infections which are contagious.

Seth A., Kristy B., Jen B., Rachel B., Cal B., Jamie C., Stephanie C., Jen D., Guy E., Heidi E., Rod F., Debbie H., Daniel H., Dr. Gilly I., Tammy J., Susan M., Julie S., Toby S., Nancy R., Carolynn V., Sherry W.,

Prayers for our members who serve our community on either Fire or Police Departments

Please remember to check on our older members that you know who are no longer able to come to church. Please call them or visit. Thank you!

Connie R. – Please continue to keep her and Randy in your prayers.

The Family of Frank Moore – Prayers for them during this time of loss The Family of D Underwood – for her loved ones for whom she always appreciated your prayers.

Prayers for Dean M. as he is on a mission trip to Aleknagik, Alaska. Camp Polaris. Lisa Rochet request prayers for David R. who has auto immune disease of the connective tissue. Brian St C. – prayers requested as he continues rehabs from a recent knee surgery.

Dan M. – appreciates your prayers for him.

Holly J. - Prayers as she continues the fight against cancer.

MaryJane S. – pain relief as she waits for a knee replacement surgery Debbie S – continued health & strength

Megan E.'s - continued prayers for her parents

Stan's friend Bruce K. - Prostate Cancer, prayers for strength and healing Prayers for Dr. Jeff Firestone as he battles cancer and faces 30+ radiation treatments. Tami J. - Continues to ask for your prayers as she struggles and praises for successes in Christ

In Military Service - Continual Prayer for those serving

Paul D. – Army Reserves

Evon A.'s daughter; Anna Harris ~ Navy

Seth A. – Air Force Reserves

Praises:

What do you have on your heart that you would like to share as Praise to the Lord!?!?

We encourage you to use the Yellow Communication Card in the pew pockets to express your Praises as well as your prayer requests. It also includes a space to request a visit from the Pastor and/or elder team.

When you share, we can all celebrate your blessings and needs!

Job Network

Looking for a position? Looking to Hire? Please let us know so we can assist in getting the word out!

Job Opportunities in the Oregon Conference

Looking for work in the Oregon Conference? Check the following for job postings: www.oregonconference.org/employment-home

Job Opportunities in the Upper Columbia Conference

• For more information and to apply, see <u>uccsda.org/jobs</u>.

Walla Walla University is Hiring

Would you or someone you know like to join the WWU team? We are hiring in a variety of departments, including Academic Records, Facility Services, Information Technology, Nursing, Social Work, and others. You can see all available positions and apply at jobs.wallawalla.edu. Thanks for helping us spread the word!

Classified Ads, Services & Needs

Are you in a service industry? Would you like your church family to be aware of what services you can provide? Please consider placing an ad in this space. At this time, to place an advertisement here will not cost any money. It should only be basic text with no illustrations or photos. To add graphics may or may not be possible based on time and graphic software available. Thank you, Office Manager.

Submit your service ads to the following email address: office@eastgateadventist.church Weekly Deadline: Items must be received prior to 8:00am Wednesday mornings.

Thank you for your positive feedback and comments. Sincerely, Eastgate SDA Office Manager

Need Electrical Work Done? Power Solutions Electric

Casey Werner and Trent Fowler may be your solution to your electric wiring and repair projects. Contact Heidi or Tara at pselectric01@gmail.com or 509-540-2656. It's always good to know your electrician!

<u>Companion ~ Care Giver Needed</u>

Elderly church couple needs daily assistance. If interested please call Lora Lee Paulson at 509-869-7783. Late afternoon – early evening – maybe simply a couple of hours a week, any time will help this family. Dale and Shirley Peterson.

Piano for Sale ~ recently tuned, well maintained: \$300 obo

Davis & Sons Model 42207. It currently lives in our Junior Room. If interested please contact the church office. office@eastgateadventist.church or 509-529-9933.